

健康管理の会話(No.18-1)

## Conversation about health care



#### In the office

Mandy : I want to join the marathon tomorrow.

Caz : Are you sure you're in good shape?

Marathon needs a lot of energy.

Mandy : I am very healthy. I always jog every morning.

Caz : We'll then, good luck for the event.

Mandy : Thanks

## In the school

- Lina : How about having food trip today?
- Desa : I'm on a diet right now.
- Lina : So what are we going to do then?
- Desa : How about shopping?
- Lina : Again! I only have a penny in my pocket.
- Desa : Not a problem. I can lend you some.



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- 1. How will you maintain to have a healthy mind and a healthy body?
- 2. Are you physically conscious? In what way?
- 3. What kind of foods do you eat to maintain a healthy diet?









健康を気遣う(No.18-2)

Think of health



### In the school

- Trisha : I think I should take a day-off tomorrow. I'm not feeling good.
- Joy : Yes, I think so. You should see a doctor.
- Trisha : It's a waste of money. I just need some rest.
- Joy : But you look pale. I' m worried about you.
- Trisha : You don't have to. Maybe I'm just tired.

## In the office

- Jack : Is everything alright?
- Ben : I have a headache but I have to finish my job now.
- Jack : You have to look after yourself too. It can wait until tomorrow.
- Ben : I know, but today is supposed to be the deadline of this project.
- Jack : Mr. Hatzler will understand everything. I'll explain it to him.



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- 1. How often do you see a doctor?
- 2. Do you often drink medicine when you will be experiencing mild problems in your body? Why?
- 3. What are some tips to make you healthy all the time?







風邪の対応 (No.18-3)

Correspondence of a cold



#### In the Kitchen

Janice : Oh! Thank you. You're so sweet.

- Hana : How do you find the taste?
- Janice : Sorry. I've got a cold and I can't taste what I'm eating.
- Hana : Oh! That's terrible! I have a medicine for a cold here.
- Janice : It's ok. Don't bother. I've taken one before I get here.

## On the phone

Celine	: Could you come over to our place and get some drinks.
Martha	: Sorry! I have a runny nose today.
	I can take the offer next time.
Celine	: I'll go over your place instead and
	bring you medicine for colds.
Martha	: Thanks for your kindness.
Celine	: Don't mention it.



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- 1. If you catch cold, what types of medication will you apply?
- 2. Do you feel comfortable if you are experiencing runny nose?
- 3. Will you go and see a doctor if you are experiencing with this kind of problem or you will just prefer to stay at home and relaxed the whole day?







病院へ向かう時の対応(No.18-4)

# At hospital



# In a Taxi

Passenger	: Please take me to the hospital.
Driver	: Which hospital do you want me to take you?
Passenger	: The nearest one.
	Hurry! My baby is going to come out soon.
Driver	: Please hold on. We'll be there in a couple of minutes.
Passenger	: It's coming out.

# In the hospital

Patient	: Good morning
Assistant	: Yes, what can I do for you?
Patient	: I've come for a check up.
Assistant	: Do you have an appointment?
Patient	: I don't have an appointment.
	Could I see any physician here?
Assistant	: Yes, but you have to wait.
	I'll just call you when it's your turn.





# <u>Short Quiz</u>

1. Have you tried to be confined in the hospital? If YES, in what reason?



- 2. Which hospital you prefer to be confined, in the public or in the private hospital? Why?
- 3. How often do you see your doctor for a medical check-up?





自分の症状を話す(No.18-5)

## Talk about one's symptom 1





#### In the house

- Jerry : Are you coming with us?
- Larry : I'd like to but I can't. My stomach is upset.
- Jerry : What have you eaten?
- Larry : I am not so sure but I had my last meal somewhere down the road.
- Jerry : Here. Take this tablet. This will help.
- Larry : Thank you so much.

## In the office

Jess : What's the matter with you? You don't look okay.

## Ted : A heavy lunch makes me feel sluggish this afternoon.

Jess : You better take a rest.

Tomorrow's going to be a busy day for you.

- Ted : I might be absent tomorrow.
- Jess : It's up to you.

Just give me a ring if you cannot attend the seminar.









- 1. Do you know some causes of stomach trouble? What are those?
- 2. How will you prevent stomach disorder?
- 3. What are the symptoms of having stomach problems? How will you cure it?









## 医師の診察(No.18-6)

## A medical examination of a doctor



#### In the hospital

Patient	: Doc, what's wrong with me?
Doctor	: It seems like you are having a migraine.
Patient	: Do I need to take a medicine?
Doctor	: Yes, I'll prescribe some for you.
Patient	: What kind of medicine?
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Doctor: Just a pain reliever.

## In the hospital

Patient : I have read the results of the examination.

Doctor : Good. And I would like to inform that we will start the treatment as soon as possible before it's too late.

- Patient : What kind of treatment?
- Doctor : I will give you some antibiotics.
- Patient : But I have an allergy with antibiotics.





- 1. Do you need to take medicine without any prescription from the doctor?
- 2. Are you aware of taking antibiotics?
- 3. Do you have any allergies with antibiotics?









# ケガの対応(No.18-7)

#### Correspondence of an injury



#### Outside of the house

Sam	: What happen to your feet?	It's bleeding!

- Ken : I met an accident a minute ago.
- Sam : Does it hurt?
- Ken : It hurts so badly. Could you hand over the bandage?
- Sam : Here. Do you want me to apply it for you?

#### In the cafeteria

John	: I had three stitches in my arm.
Anne	: Really? Is it still aching?
John	: Yes, I could still feel the pain on my right arm
Anne	: Oh I'm sorry for that. Have you taken your analgesics?
John	: Yes, I already did. Thanks for the concern.





## Short Quiz

- 1. Have you ever tried to be injured? In what way?
- 2. Do you know some first aid tips to prevent from bleeding?



3. What will you do if you can see a person being injured by the traffic accident?







薬を処方してもらう(No.18-8)

## Prescription



#### In the store

Ren	: Does this medicine require a prescription?
JC	: Is that an antibiotic?
Ren	: Yes it is.
JC	: Usually antibiotics require prescription. Ask your doctor.
Ren	: Okay, I will.

# In the house

- Sheila : Take it three times a day before meals.
- Mark : Yes, I must so that I would get well soon.
- Sheila : It's good that you follow the prescription.
- Mark : Yes, I'm a good patient.





## Short Quiz

1. What are those medicine in which not require doctor's prescription?



- 2. Have you ever tried taking a medicine without any consideration from the doctor?
- 3. Do you take any medicine everyday? What kind of medicine?

