

38.Disease

Everybody hopes to stay healthy until he dies, but his wish rarely comes true. Young or old, many man suffers from disease. Young people especially think they can stay permanently healthy, so they sometimes mistreat their bodies. People with an incurable disease become disheartened and may even think of committing suicide. Cancer and AIDS are the most dreadful diseases now, with no effective treatment.

What can we do to stay healthy? People choose different methods. But prevention is the best option, and a regular check-up is the first step. The most important thing is that we trust our doctor under all circumstances. There are many people who have no faith in doctors, under the assumption that the body is too complex for any human being to understand. So they tend to rely on natural or spiritual healing. Do you think they deserve criticism for their ignorance?

Comprehension

1. What are most people wrong about?
2. Why do some young people mistreat their bodies?
3. Why are cancer and AIDS considered to be such dreadful diseases?

Express Yourself

1. Do you believe in faith healing? Do you trust the doctors?
2. How often do you have a cold? What do you do to cure it?
3. What disease or ailment do you commonly have trouble with?
4. Do you regularly see a dentist?
5. What do many people complain about concerning doctors?
6. Do you think cancer and AIDS will be conquered in the near future?
7. Do you think AIDS patient deserves criticism?
8. Do you think cancer and AIDS will be conquer in the near future?